

He Who does not worry is not alert

Abd-ru-shin

Admonishingly and warningly the Divine Will addresses these words to the *human spirit* so that he may not fall asleep during his wanderings through Creation and succumb to spirit-destroying indolence.

However, this does not apply to worries about earthly trivialities and outward forms. These should appear small compared to the *one* worry, the worry about how do I make inner progress? How do I attune myself to the Will of God so as to be able to be active with Its power and strength?

This single goal must be the foundation of *genuine* worry which is far removed from the idea of those worries that relate only to money and possessions, to physical well-being, worries which oppress the entire humanity today, tormenting them often to the point of despair, many to the point of total exhaustion and demoralization, even leading to insanity and crime.

The man who knows only earthly worries is as one trapped in a deep canyon; he arduously drags himself back and forth across the rough ground continuously searching for a way out. No matter where he turns he meets obstacles until, finally, he resigns himself to his fate in dull despair while wailing and complaining about the reciprocal action which he himself brought about. Yet, it would be so easy for him to catch a ray of light and thus new hope if he, for but a few seconds would turn his gaze upward in the direction of the small opening of the dark ravine instead of staring, as if mesmerized, at the ground and his surroundings as if salvation could come to him from there.

With one strike a man can slash the tangled knot of grey earthly cares if for once, even if only for seconds, the worry about his inner progress would give him the kind of watchfulness that finds immediate ways out of the deep, dark canyon upward to the height of a dignified human existence without torturing worries about daily needs, without the oppressive pressure which unmastered matter exerts upon the human spirit.

Only he who worries *spiritually*, is spiritually *awake*. And the result of spiritual alertness is the mastery of matter.

There is nothing negative or oppressive about spiritual worry, rather it is free of all distorted concepts with which earthmen have devalued the true meaning of the word "worry". Since they no longer know the worry about their spiritual well-being they put in its place the distorted picture and product of their intellect, the broody worry about matter which, through currents of similar species, has grown to gigantic proportions and, like high walls, keeps humanity constricted and imprisoned. Only the tearing down of these self-made walls will allow a painful salvation for him who is not destroyed thereby.

For the developing man who dwells in the world of matter there is the perpetual danger of becoming negligent and of falling asleep. Therefore, it is necessary for him, outside of his origin, to be awake and to remain awake to a higher degree.

Outside influences and impressions *alone* do not suffice to keep him awake *inside* , to stimulate him or eventually shake him out of the on setting sleep of his spirit . Creation processes are not so one-sided.

Man must also have the inner worry about receiving and utilizing these influences correctly for the purpose of perpetually remaining awake.

A man who closes himself off from these processes is not worrying about his spiritual advancement for which he needs higher influences as much as he needs daily nourishment for his physical body and without which he would starve to death.

Such a man then does not watch over admitting and processing only good impressions but in his indolence, gives himself over to bad currents which make him sullen and malcontent and may even fill him with hatred and envy and finally let him fall prey to the darkness.

There is only one way of protection: the constant alertness of the spirit! Where there is alertness, where faithfulness is kept awake, no matter whether up in higher and highest spheres or down here on earth, there is life, aliveness of the highest order, there is worry about development and

progress, the worries about swinging only in the Will of God, never to bypass It or disregard It in only the smallest thought.

Where there is genuine watchfulness, there is joyful activity, joyful fulfilling, constant readiness for action, at any moment anywhere, for the fight against the darkness, unconditional service to the Light.

Alertness is everything! To be alert means to be allowed to live!

Burn this into your consciousness indelibly, human spirit, after you have failed in so many ways through your spiritual indolence!

The Divine words: "He who does not worry is not watchful!" are escalated in this time of the Cosmic Turning Point: for aside from the warning they hold they become *Judgment* for the human spirit!

The measure of his spiritual worry will be decisive, either for his demise or for his further existence in Creation.

The degree of his spiritual alertness will be decisive for the recognition of his guilt and for recognizing the Truth which alone can redeem and liberate him.

Man of Subsequent Creation had to leave his post in Creation because he did not fulfill the task he was given by the Creator to keep spiritual vigil in the part of Creation assigned to him.

He failed by succumbing to the temptation originating from Lucifer, by letting in and even nurturing the darkness in those spheres of Creation that he was to ennoble with the influence of his spiritual nature.

Only the human spirit who is purified by and survives the Judgment is granted a further period of probation during which the worry about his advancement, the solidity of his alertness, are rigorously and relentlessly tested by the Divine Will before he is permitted to take up his intended position in the weaving of Creation.

All those, however, who, through the Grail Message, know of the failure of mankind and of the momentous happenings of the World Judgment, of the *earthly existence of an Emissary of God* bear an *enormous responsibility* with a fateful significance owing to this very knowledge.

For the knowledge of Creation-lawful processes obligates *immediately to action* for the energy received along with becoming knowing must be utilized to the best purpose. Man of today, however, bears a much heavier obligation due to the fact that the Grail Message transmits this knowledge to him *directly!*

Therefore the warning at the beginning of the Message:

“He who does not strive to grasp the Word of the Lord aright burdens himself with guilt!”

The Word of the Lord contains all knowledge about the Creation Laws; and “proper grasping” includes practical utilization of the Word received, the putting into action through intuition, thoughts and deeds.

Thus the concept of worry and watchfulness in the spiritual sense must also become vibrant deed of taking up the post in the working of Creation that the Creator assigned humans and at which they can help according to their nature in the God-willed development.

Only when man with all the fibers of his heart, with all his intuitive perceptions, thoughts and deeds *serves the Light* without allowing earthly worries to distract him, *then* he will have reached the level of alertness that shows in the spirit’s constant readiness to strike, in the presence of the spirit at all times!

In the worry about faithfulness to the Light lies the key to spiritual alertness!

He who worries *in this way* is alert! Keep this in your mind, human spirit and receive these words in this sense:

“He who does not worry is not alert!”

God’s Love gave you these words as advice. Burn them into your soul and always let them blaze brightly up to your Creator and Lord as a sign that you are always mindful of the warning, as a sign of your constant alertness, as proof of your faithfulness to the Light.